

January 17, 2007

To whom it may concern:

I am writing to share my experience of working with Kourosh Kashani at the Circle of One. I first sought treatment at the Circle of One in the early 2000's. During the course of my treatment, I received acupuncture, CranioSacral Therapy, Zero Balancing and health counseling, participated in qigong classes, and was prescribed herbs.

My initial visit was for treatment of a physical ailment. However, in the manner of Traditional Medicine, Kourosh looked beyond my initial complaint / symptom to get to the source of the problem. So rather than treat my symptoms alone, like much of allopathic medicine, Mr. Kashani treated the cause of my distress and my symptoms subsided. As we worked together, I not only became physically healthier, but my emotional and mental well-being also improved.

One of the benefits that Mr. Kashani and the Circle of One offer is tools to help you stay healthy. You become an active participant in your healing process, learning life habits that are both preventative and pro-active. I have not sought regular treatment at the Circle of One for over three years. While I still go in occasionally for a 'check-up', to this day I use the tools given to me by Kourosh to maintain and continually improve my health.

Kourosh is a healer in the truest sense of the word. You can sense his warmth and compassion for others immediately. When you speak with him, he is fully present, listening to everything you say, and all the things you don't say. Kourosh has dedicated himself to a life of service and has chosen healing as his offering. One of his goals is to treat those who would not otherwise be able to afford healing, particularly children. He already gives much of himself to this effort and hopes to be able to give more with the various programs and outreach efforts he has instituted through the Circle of One.

Sincerely,



Pauline Reid