

To whom it may concern:

I would like to share my experience of care offered by Kourosch Kashani at the Circle of One. I needed to find a solution to my son's ongoing health problems which were not being taken care of by his primary care physician. I wanted find out the root of what was making him ill and eliminate it so that he could live a better life. I did not want him or me worrying about his health nor the side effects of the medications he had to take on a regular basis. This is where the Circle of One came in. It is a serene and humble place where great things happen in, as Kourosch calls it, the "sacred space". It is very different from any medical facility. It does not have any gadgets or medication. There is no annoying background noise. The space at the Circle of One does not cause a person to become anxious or worried. It is very calming, and when Kourosch speaks it adds another dimension of tranquility. He is also very knowledgeable in many areas yet he exudes humility. It is actually a pleasure taking my son in for an appointment because I realize he will benefit from Kourosch.

My son's name is Adam and he was five years old when I first took him to see Kourosch. In September 2005, Adam was having trouble breathing. It was the worst I had ever seen him. He was using bronchial dilators, but they were not helping. I thought he was going to stop breathing, so I gave him another dose of medication. Adam was so uncomfortable that he did not know what to do. I had never seen him so disoriented as I did at that moment. After taking his medication, he finally fell asleep.

This experience was too much for me. I did not want Adam to live like this. And I did not want to lose him. I wanted him to be a carefree child who could run around and not have to worry about asthma even into adulthood. I asked for guidance in the matter and it occurred to me that I should take Adam to an acupuncturist. I asked my chiropractor if she knew of any good acupuncturists, and she referred me to Kourosch at the Circle of One.

I did not know what to expect when I took Adam in for a session. Kourosh took his time and asked me about Adam's health history. Kourosh created a treatment plan specific to Adam's needs. He also educated me in what I needed to do for Adam, and many of the things I learned about my son were both very revealing and surprising, even though I have been trained as a pharmacist. Kourosh's treatment went well above and beyond what I conceptualized, and it continues to be that way. Adam is no longer taking any prescription medication on a regular basis. His prescription printout in the year before treatment with Kourosh compared to the year after is like night and day.

Kourosh is an exceptional human being who is selflessly dedicated to truly healing his patients. He has God-gifted abilities which cannot be learned. He has lovingly treated Adam and has given him the freedom to be an active child. As a mother, I am relieved. Adam is very fond of Kourosh and reminds me when I need to take him in for a session. I am indebted to Kourosh for what he has done for my son. He has his patient's best interest in mind and is committed to providing that same service for all who find him. Thank you for sharing your gift.

Sincerely,

A handwritten signature in cursive script that reads "Hina Choudhary". The letters are fluid and connected, with a prominent loop at the end of the last name.

Hina Choudhary