

December 30, 2006

To Whom it May Concern,

I am writing this letter to attest to the important physical benefits my family has experienced under the care of the Circle of One healing practice. Under the caring and expert eye of Mr. Kourash Kashani, the Circle of One has brought me and my two children to a more healthful, balanced physical presence.

I am a recently diagnosed Type I diabetic. I am also a busy, working mother fulfilling responsibilities as a full time classroom teacher and as the mother of two active children. I sought out the help of Circle of One to compliment the allopathic treatment I am receiving for diabetes. The very deep energetic balancing of Circle of One has helped me over the last eighteen months to stabilize my blood glucose levels while using the lowest possible levels of allopathic medical treatment.

My oldest son, now 15, has had bronchial spasms since he was a baby. We have spent hours in emergency care nebulizing him. Prior to receiving acupuncture treatment, Evan experienced years of medication in an effort to relieve the symptoms of allergy and asthma. By the time he was eight years old, he had to stop every four hours to use an inhaler; this required him to leave class each day to medicate. He also suffered for years with extreme headaches and a frequent inability to fall asleep. Acupuncture treatments and the knowledge he has gained about his body, have enabled him to completely eliminate the need for medication. He is virtually symptom free, even during the worst of the allergy season in Northern Virginia. In addition, he no longer experiences frequent headaches and falls asleep easily each night. He is now an extremely healthy young man who rarely needs the help of medical intervention.

My younger son, now 7, has suffered from extreme gastro-intestinal distress since birth. He lived with a severely modified diet for the first five years of his life to avoid gripping gastro-intestinal pain. He also has a history of impulsive control and attentional issues, as well as frequent and severe nosebleeds. He began receiving treatment at Circle of One approximately eighteen months ago. The deep energetic work of the Circle of One healing practice has enabled him to almost completely eliminate all periods of gastric pain with no invasive treatments or drug use. The impulsive control and attentional issues which create great difficulty in the classroom are also greatly modulated by this energy work. With routine care we are able to help him maintain a successful classroom experience while giving his body time to mature naturally and without drug intervention.

The effects of the healing, restoration and rebalancing received through the Circle of One healing practice are deeply appreciated by me and my children. I believe the physical benefits have been clear and observable. And I look forward to enjoying the guidance of Mr. Kashani and the Circle of One as my children continue to grow and mature.

Thank you

A handwritten signature in blue ink that reads "Diane Grice". The signature is written in a cursive, flowing style.

Diane Grice